## The Fanny Dwight Clark Memorial Garden, Inc.

At Clark Botanic Garden

Announces

## **Yoga for Gardeners**

with

## Susan Weston-Bonnici, MA, RYT

Increase flexíbility, strength and balance Release tension and stress Enjoy deep relaxation

Tuesdays at 1-2:30 pm

February 4, 11, 18, 25, March 4, 11, 18, & 25, 2025

Complete registration form

Cost: \$100 garden member or \$110 non-member

Make check payable to The Fanny Dwight Clark Memorial Garden, Inc.

## **Yoga for Gardeners**

Tuesdays at 1-2:30 pm February 4, 11, 18, 25, March 4, 11, 18, and 25, 2025

Name:	
Address:	
Home phone #:	
Cell phone #:	
Emaíl address:	
Member: yes	no
Check enclosed for: \$	

Maíl to: The Fanny Dwíght Clark Memoríal Garden, Inc. at Clark Botaníc Garden 193 I.U. Wíllets Road Albertson, NY 11507